

STUDY ENVIRONMENT ANALYSIS

The purpose of this inventory is to help you evaluate the three places you study most frequently. Begin by identifying these three locations in the blanks below. List them in the order in which you use them most frequently. Then answer each question according to whether the statement is mostly true or mostly false about each of the three places you have identified.

A B C

	Place A	Place B	Place C
1. There are few distractions, such as phone, computer, or TV, in this location.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
2. Other people rarely interrupt me when I study in this location.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
3. This is a quiet location, with almost no interruptions from phones ringing, people talking or music playing.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
4. I take a limited number of breaks when I study in this environment.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
5. I study here regularly during the week.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
6. I tend to keep my breaks short when I study in this location.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
7. I rarely talk with people when I study here.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
8. The temperature in this place is very comfortable for studying most of the time.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
9. The chair in this place is very conducive to studying.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
10. The desk/table in this place is very conducive to studying.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
11. The lighting in this place is very conducive to studying.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>
12. There are few things in this location that are unrelated to studying or school work.	***** <input type="text"/>	***** <input type="text"/>	***** <input type="text"/>

When you have answered all 12 questions, click

the **Add Button** to calculate the number of "True" responses you made for each of the three places where you study most frequently. The place with the highest total may provide the best environment for studying. Try to do as much of your studying in this location as possible.

Place A

Place B

Place C